

Mancos Public Library

211 West First St.

Mancoslibrary.org 970-533-7600

“A great book should leave you with many experiences, and slightly exhausted at the end. You live several lives while reading it.” William Styron, novelist (1925-2006)



From the Desk of the Director

Spring is the season of change, and the library is no different. We've got plenty of changes in the works, and we are so excited to hear what you think of them!

Thanks to the State of Colorado, we have more books coming into our collection, both physical and digital. The physical books will be trickling in this month, but the digital books are already available on Cloud Library. Download the app on your phone or tablet and check them out!

We also have some big updates coming to our children's room, teen area, and outdoor area, so keep an eye out for those in the coming weeks. Some changes have already taken place like our beautiful new chairs out front, made from recycled skis. Thanks again to the Friends of the Library for those.

What's happening at your library in a nutshell:

Spanish Conversation Club is taking a break. They will be back in September.

Knitting with Kathy, Tuesdays 6-7 pm by the fireplace.

Death Café: Every third Thursday at 5:30.

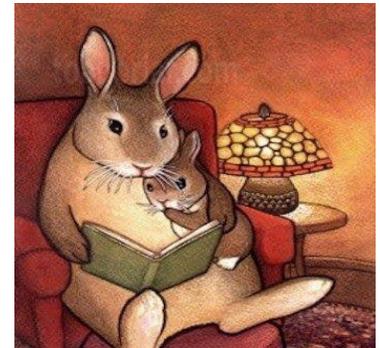
Many **Teen activities**, see Jenni's calendar.

Wellness Series May 11th See adult programs for more **Re-Examining Wellness Culture**

Art Wall – Elizabeth Kinahan

Storytime and Science Fridays...more in childrens' librarian's column.

The Seed Library is up! Come On in and take some seeds.



But even with all the new changes we have in the works, I know there's always more to do. That's where you come in. If you have an idea of something you would like to see us do, offer, or provide, please let me know. My door is always open to members of the community.

Together we can make sure our library continues to grow and adapt to continue to be a cornerstone of Mancos.

Adult Programs – From the Desk of Midge Kirk

Celebrate the gorgeous month of May! The Sun is warming, the birds are chirping, the flowers are blooming, and the garden is growing. "May" is likely named for the Roman goddess Maia, who oversaw the growth of plants.



Here are some more fun things to celebrate this May:

- May 1: School Principals' Day
- May 2: World Tuna Day
- May 4–11: Root Canal Awareness Week
- May 8: No Socks Day
- May 14: Dance Like a Chicken Day
- May 28: Slugs Return from Capistrano Day

A recipe to celebrate spring:

Asparagus Frittata



This Asparagus Frittata is a wonderful way to make a few simple ingredients go a long way. Asparagus is a star in the spring garden and this recipe offers an easy way to incorporate the vegetable into your diet in a delicious way.

Ingredients

9 spears pencil-thin asparagus
3 tablespoons olive oil
1 large red onion, cut into 1/4-inch-thick slices
Pinch sugar
3/4 teaspoon kosher or sea salt, plus extra for water
3/4 cup Parmigiano-Reggiano cheese, coarsely grated
1/2 teaspoon freshly ground black pepper
6 large eggs, lightly beaten

Instructions

Wash and trim asparagus. Cut into 3/4-inch lengths. Cook in boiling, salted water until tender, 3–4 minutes. Drain asparagus and submerge in ice water to stop cooking. Set aside.

In a medium-size oven-safe skillet, heat olive oil over moderate heat. Add onion, sugar, and salt; reduce heat to medium-low, and cook, stirring occasionally, until onion is golden brown and very tender, about 30 minutes. Remove onion from the pan with tongs, leaving as much oil in the pan as possible. Let onion sit 10 minutes, until no longer hot.

In a large bowl, whisk eggs until smooth. Add cheese, pepper, asparagus, and onion. Set the skillet over medium heat. Add egg mixture, stirring briefly to distribute fillings.

Reduce heat to low and let mixture cook slowly; you should see just a few lazy bubbles popping up around the edges. Cook undisturbed until edges are set but middle is still very liquid, about 8 minutes. Meanwhile, preheat your broiler on high.

Transfer skillet to oven, positioning it 3–4 inches from the broiler. Cook until top of frittata is golden brown, edges are puffed, and center is just set (it will jiggle slightly but pop right back after you poke it), about 2 minutes. Don't overcook it! Loosen with a spatula, if needed. Remove to a warmed platter and serve immediately.

Second offering in the Wellness Series, on May 6th at 6pm, Re-Examining the Wellness Culture with Kate Husted.

In this talk, we will discuss the hierarchical worldviews that pervade the wellness industry, and how they might actually hold us back from our healing potential. We would examine concepts that are commonly taken for granted, like "clean eating," and see how they send us the subtle message that our worth is variable, and that we need to jump through hoops and accomplish things to earn our worthiness. Buried in a lot of wellness marketing and rhetoric is the idea that we're inherently dirty, bad, not enough, that we need to detoxify and purify ourselves, turn ourselves into something pure and good, and that those who do these things are somehow better than those who don't. We're led to believe that we're constantly just around the corner from finding the life hack, the lifestyle adjustment, the superfood that will cure us and turn us into a better version of ourselves. That imaginary, perfected, healed version of ourselves haunts us, and we spend a lifetime coming up short.

What if, instead, we approached our wellness by believing in our own inherent worthiness and sacredness? Our reasons for taking care of ourselves transform. We stop checking boxes to keep up with the Joneses, and start treating ourselves like the precious miracle we are. How much profound healing can come from letting in the belief "I'm enough just the way I am, right now."? In class we'll re-write our own definitions of health, and question the assumption that the healthier we are, the worthier we are. We'll use group discussions and exercises so participants will leave with a clear idea of how they want to take care of their sacred selves.

The Mancos Library Writing Group, which began eleven years ago with a marvelous workshop with Linda Rose, continues! They meet on the third Monday of each month at the Library. If you would like more information, please contact Midge Kirk at the Library mkirk@mancoslibrary.org. This group is informal, lots of fun and open to all.

Lost and Found - Please check the lost and found which is below the hold shelf at the front of the library. We get some pretty interesting things left behind such clothing, glasses, and water bottles etc. Items are recycled every three months when they are not claimed.

An afternoon with our local poet, Larry Grimes, who will introduce his new book on May 15th at 3pm. Upon a Slender Stalk is "a collection of poems was assembled from five decades of writing. Uniting the poems is an attempt to find words that record the material world while also cracking it open to the mystery that animates all things. In this sense, the poems, even the secular and humorous among them, manifest the sacred, the holy present in every human, plant or rock. Should a label be put on the collection, and none fit well, they are poems built from concrete images, from a full opening of the senses, though sight seems to prevail. The poems provide the reader with the

experience of joy and sorrow, pain and delight, a time to laugh and a time to cry. They open simple, ordinary events into larger spiritual realms.”

Join us for a reading and book signing by the author.

The Art Wall this month features the work of Elizabeth Kinehan, whose work honors rural landscapes and agricultural subjects through her portraits of cattle, sheep, donkeys and other Western imagery.

Young Adult Programs, From the Desk of Jenni Kitchen, YA Coordinator

Be There for Someone this May

Every May I set up my display area to portray the necessity of talking about mental health and wellness. Mental wellness is imperative to survival. We need emotional and social wellbeing to strive and thrive. I am a survivor and I hope all people can support each other. I hope that when you see someone struggling, you can help them out.

Teen years are some of our most stressful times in life. The teen years can feel lonely, and it is important to know how to support our youth. We need them to know it is okay to not be okay all the time. We need them to know we hear them and understand their anxieties.

Born This Way was created to support the mental health of young people. With youth, they work to build a kinder and braver world. You can learn more about supporting someone struggling with their mental health through an online course created by Jack.org in partnership with the Born This Way Foundation. Follow this link (https://betherecertificate.org/?utm_source=site&utm_medium=BTWFprogrampages&utm_campaign=BTWF) to go straight to the Be There Certificate program and sign up to take their free course.

You can find out about all the programs Lady Gaga and her mother, Cynthia Germanotta have going on. <https://bornthisway.foundation/current-programs/>

If you or someone you know is experiencing a crisis and needs help now there is confidential support for those experiencing distressing emotions such as intense anxiety, depression, or thoughts of suicide. ~Colorado Crisis Services~ Call 1-844-493-TALK (8255) or Text TALK to 38255

If you need to find a counselor ~Axis Health~ Call 1-970-247-5245 or visit <https://www.mentalhealthcolorado.org/help/>

Be kind to one another.

Teen Events for May

Teen Game Nights Fridays May 6th and 20th from 6 to 9pm

Teen Café Saturday May 14th Spaghetti Night from 6 to 8pm

Dungeons and Dragons starts up our Teen Summer Program on Saturday May 28th from 4 to 7pm

Children's Programs, From the desk of Erin Bohm

Welcome to the last month of school, the last month of spring, but the FIRST month that our outdoor play space has a Sound Wall and a Sandbox! What is a Sound Wall, you might wonder...? It is a wall of objects that are meant to be banged on! This spring, bring your little ones for a riverside rhythm session and let new spring songs ring out. New elements will be added to the play area throughout the spring and summer months, so come often!

Five Reasons Grownups Should Read with Kids

There are **SO MANY** reasons reading as a family is awesome, but here is our list of the top 5 reasons you should read with your kid!

1. **Become Better!** Diving into a good book on an important topic helps both kids and grownups become their best selves, living out their values and beliefs.
2. **Conversation Starter!** Sometimes grownups don't know what to say or have the best words to address a topic. And that's OK! Books can help start the conversation in an engaging way.
3. **Explore Feelings!** Kids have remarkable inner lives and books are an incredible way for them to learn more about how they think and feel.
4. **Bonding Time!** When kids read with a grownup, they consider it a special bonding time. Turns out grownups do too!
5. **Sparks Curiosity!** Books with new ideas and concepts that kids can explore helps them learn more about themselves and the world around them.

A Kids Co. Book Company. 2022

AND, if you are finding time is short and you can't read to your kids as often as you wish, this website has wonderful, free podcasts (which are like good old fashioned radio shows but pre-recorded and preserved as episodes).

<https://akidsco.com/pages/all-podcasts>

Here are some of shows you can explore:

- * It's OK to Ask: A Kids 'Advice Podcast
- * Everyday Feels: A Kids' Podcast about Emotions
- * Camp Adventure: A Kids' Summer camp Podcast
- * Sound It Out: A Kids' Podcast about Words
- * Worth Noting: A Kids' Podcast about Current Events

Youth Programming

Our youth programs will continue until Friday May 27th. Then a new summer program schedule will take effect - stay tuned!

Mondays In outdoor play area (weather permitting):

- Storytime - 10:30 -11 am. Ages 0 - 5, older siblings welcome!

Fridays In the community room and on the south patio:

- 9:30 -10:30 am
 - Science explorations with Emma from the Powerhouse Science Center
- 10:30 - 12:30 pm
 - Reading aloud, listening to peers tell stories & eating free lunch with Jorie from Montezuma Youth Coalition
- 12:30 - 1:30 pm
 - Building crafty creations with Erin, MPL's Children's Librarian
- 1:00 - 3:00 pm
 - Building Lego creations with Ryan, MPL's in-house Lego Robotics Expert

Circulation Manager, From the desk of Bernadette Tuthill

We are certainly starting to see signs of spring. Have you noticed all the daffodils and tulips blooming in front of the library?



Birds are chirping. Wildflowers are starting to pop up. People are thinking about their gardens and lawns.

You might get busy and not have as much time to time to come into the library but there are still many ways the library can serve you from home.

- Kanopy lets you stream movies from home.
- There are many Downloadable eBook and Audio books that you can download to your phone, iPad, computer or electronic reader.
- Free Passes to Local Destinations. You can check out a backpack with a free pass to Jackson lake state park.
- Learn a new language from the library website with Mango

There are also lots of fun things going on at library

- Programs for Kids and Teens. ...
- Programs for Adults and Seniors. ...
- Book Clubs. ...
- Materials for Teachers, Homeschoolers and Daycare Providers. ...
- A seed library

Whatever you need, call the library to see if we can help you!

Happy Spring!

Cataloging, From the Desk of Kathy Graf

Yarn class and get together, Tuesdays from **6:00-7:00 pm**, by the fireplace.

Easy Non-fiction

A Kids Book About... a series that touches on difficult topics for early reading children.

A Little Book About series

Let's Talk About Body Boundaries, Consent, & Respect by Jayneen Sanders

Easy Fiction

We Don't eat Our Classmates by Ryan T. Higgins

Kate & Nate are Late by Kate Egan

A is for Airplane by Theresa Howell

Junior Fiction

Last Kids on Earth series by Max Brallier

Owl Diaries series by Rebecca Elliott

A Cat Story by Ursula Murray Husted

Young Adult Fiction

Dustborn by Erin Bowman
The Electric Kingdom by David Arnold
Gallant by V.E. Schwab

Adult Fiction

The Berlin Exchange by Joseph Kanon
Overnight Guest by Heather Gudenkauf
Targeted by Stephen Hunter

Technology News, from the Desk of Kira Taylor

Thank you to everyone who filled out my technology survey. If you haven't had a chance to do so yet, you can fill it out at <https://mancoslibrary.org/technology-poll/>.

The results so far show a great deal of interest in having access to a webcam and microphone in both our community rooms, so we will purchase one that can be checked out at the front desk for use in the library. It should be here and ready to use in the next few weeks. If you are unsure how to set it up, or just want some tech support, I am always happy to work with patrons on setting things up for an event in one of our spaces - just email me at tech@mancoslibrary.org to make sure I am available when you need me.

There was also interest in a few different workstations, so I will gear my grant writing this year towards providing our patrons with these new resources. I will keep you posted about any progress or funding we receive.

In other news, we are transitioning in the next couple of months to a new room booking system. It should operate similarly to the one we have, but I hope it will be more user friendly. If you have made a booking in advance, I will transfer it to the new system in May. You won't have to do anything but expect a new confirmation email from the new booking software. By the 1st of July, the old system will be completely phased out. If you have questions or concerns during this process, please reach out to me.

A Word from The Gamemaster and Facilities Manager, Ryan Matthews

Trivia Night at Mancos Brewing Co. every Wednesday evening from 6-7:30pm. Teams of 6 can participate in person or online using Zoom and Google docs. Below is a link to the "Homepage" where you can find clickable links to all the info you need to participate. This is a free event hosted by The Mancos Public Library and Mancos Brewing Co.

<https://docs.google.com/document/d/1MifXOLMMuJr9vQIGTRuQQOx-bs9diNtJgtwI7czH1tY/edit?usp=sharing>

LEGO LAB is happening, for information contact Ryan at rmatthews@mancoslibrary.org.

Other Mancos Library News:

Upcoming Montezuma County Free Legal Clinic: The second Tuesday of each month- May 9th - Please contact the Mancos Library at (970) 533-7600 x301 to be added to the sign-up sheet.

Despite the COVID-19 closures of libraries across Colorado, the Virtual *Pro Se* Clinic (VPC) clinics will still be held as scheduled. As a COVID work-around, instead of clinic patrons coming in-person to your local public library (*which has limited access*), the volunteer attorney will call each clinic patron's telephone directly, **during the clinic hours, using the phone number provided**. Whether you're near Dove Creek, Cortez or Mancos, the volunteer attorney will call you at the phone number provided, for a free one-on-one discussion of your civil legal issue, during regular clinic hours.

Please contact your Mancos Library at **(970) 533-7600 x301** to be added to the sign-up sheet. Space is limited.

Death Café

Death Café meets the third Thursday of each month, (April 15th) at 5:30. We meet in the Meeting Room. Join us for a conversation about embracing the sacred in everyday life, including the art of being and dying. Connect with other gentle souls on this Earthly journey and share thoughts and ideas. Death Cafe normalizes a difficult, not morbid, topic. We will have tea and cake!

The Seed Lending Library

We have been busy sorting, labeling, and getting thousands of seed varieties ready for you. They are all non-GMO, organic, and most are Heritage seed. We have a wide variety of seed, vegetable, herb, and a few flowers. There will be a few suggestions for planting and a limited number of soil strips for testing your soil.



PLEASE FILL OUT THE LITTLE FORM WITH THE DATE, YOUR NAME, CONTACT INFORMATION AND WHAT YOU TOOK. GIVE IT TO THE LIBRARIAN AT THE DESK. This will help us keep the seeds stocked and keep track of the collection.

We are asking that you take only what you are certain you will use and let one pant go to seed in the fall, collect the seeds, dry them, put them in an envelope, label them and return them to the library. There is no penalty for not returning seed, but your help in doing this will keep the seed library alive and vital. Let's work together to make this happen. We are beginning the 12 season and we want to keep going! Ours is one of the longest running seed lending libraries in the state. We are proud of that!

Come on in and browse, and let your green thumb work some magic!

A Word from The Friends of The Library

We're back in person!

The Friends board will meet in the library conference room at 4 p.m., Tuesday, May 3.

All are welcome. Contact Anne at southwestanne@yahoo.com for more information.

As always, Friends logo hats can be purchased at the library for \$20.

[Friends](#) is a volunteer organization that supports and promotes the Mancos Public Library. To become a member, go to mancosfriends.org and download the [membership form](#).

See you at the library!



A closing thought:

Read to me, by Jane Yolen

Read to me riddles and read to me rhymes

Read to me stories of magical times

Read to me tales about castles and kings

Read to me stories of fabulous things

Read to me pirates and read to me knights

Read to me dragons and dragon-book fights

Read to me spaceships and cowboys and then

When you are finished – please read them again.